



## NEXT STEPS

### 1. IDENTIFY THE 3 INSEPARABLE ASPECTS OF LOVE

If you've read the Bible then the idea of loving God with all of your heart and loving your neighbor is a pretty common message. But perhaps the idea that there's also a third one – a love for ourselves – may seem like a new insight. It's a little tricky, but first just identify that there are three and they are inseparable.

### 2. UNDERSTAND THE LOVE YOURSELF PART

The idea of loving ourselves can be misunderstood. We have a culture that tells us that we need to love ourselves in a very selfish way. Really, the last thing we need is to try to be more self-centered. It comes naturally. But the love for ourselves that Jesus is referring to should be present in respect for God. Because God loves us, we need to accept His love for ourselves. And in this way we have a love for ourselves. It's God's love, but we have it. Therefore we have love for ourselves. We value what (who) God loves and to do otherwise would be disrespectful to Him. To hate or dislike ourselves is to hate or dislike someone God loves. Not a good idea. This is self-love in a most humble and thankful spirit. It's not that we deserve it, we don't. But we appreciate it and acknowledge it.

### 3. SEE THE "NEIGHBOR PART" AS THE EVIDENCE

We can't just choose one or two of the aspects of love. Until we have all three we are incomplete. In fact, how much we give grace, mercy and forgiveness to others shows whether we love God and have received His love. Jesus said that we "remain" in His love when we are obedient and generously share His love with others. If we don't love others, we are showing that we are willfully not remaining in His love.



April 23rd & 24th 2016

Louie Giglio

Man in the Mirror

Lifechurch.tv

## Matthew 22:34-40

Hearing that Jesus had silenced the Sadducees, the Pharisees got together. <sup>35</sup> One of them, an expert in the law, tested him with this question: <sup>36</sup> "Teacher, which is the greatest commandment in the Law?" <sup>37</sup> Jesus replied: "'Love the Lord your God with all your heart and with all your soul and with all your mind.' <sup>38</sup> This is the first and greatest commandment. <sup>39</sup> And the second is like it: 'Love your neighbor as yourself.' <sup>40</sup> All the Law and the Prophets hang on these two commandments."

1. What is the second most important relationship next to your relationship with God? \_\_\_\_\_

2. How Does God relate to us?

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3. What difference does it make?

_____	_____
_____	_____
_____	_____



GOD



US

When you dispense with a spoon and not a shovel, it's not about you, it's about me.



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